



**TAKE NOTES** Grab pen and paper

1



**STAY PRESENT** Focus on the speaker, not on multitasking



**PARTICIPATE** Engage in polls and chats



4 RESPECT OTHERS Mute yourself when not speaking



TAKE TURNS Click the "raise hand" button to speak



6 BE OPEN Rule it in before you rule it out!

For more information, contact the ISPG PMO by email at ISPG\_PMO or on Slack at ISPG-Agile-PMO.